



CRIMINON

F L O R I D A

★ ★ ★
STELLAR
NEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

3RD QUARTER 2023



Criminon Florida...

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Reaching out beyond self to positively impact others

EXPANSION!

The expansion of one's zone of influence is the hallmark of a Stellar Student.

Time and time again, we witness the evolution Criminon students experience as they move through our program; their zone of interest and activity expands outwards in ever widening circles.

The initial decision to sign up for the Criminon program is itself a shift from merely existing passively as an individual, to actively taking steps to improve oneself and one's future. Progressing through the curriculum, the student turns his attention outwards beyond self, experiencing a desire to reconnect with estranged family, or improve existing familial relationships. This shift of attention and interest expands further, encompassing those in one's environment.

Interestingly, the progression of *The Way to Happiness* booklet is a demonstration of this. Precepts 1 & 2 are concerned with self (*Take Care of*

Yourself, Be Temperate); precepts 3, 4 & 5 deal with family (*Don't Be Promiscuous, Love and Help Children, Honor and Help Your Parents*), and subsequent precepts cover one's involvement with groups, whether it be friends, colleagues, or one's fellow man within a nation or an entire civilization. This expansion of a student's zone of activity and influence is the hallmark of a Stellar student.

Indeed, the testimonials of Stellers speak routinely of a newfound or rekindled desire to help others tread the path of self-betterment - Timothy D.H.'s 'Words from the Wise' (page 3) is a wonderful example of this, as are the Stellar Successes on page 2.

YOU, Stellar Student, by setting a good example, spreading the word about Criminon, becoming a facilitator of a Criminon seminar, have evolved into a person of value to others and of influence in your community. We are proud of you!

- The Criminon Florida Team





SUCCESSSES FROM THE WORLD OF STELLAR STUDENTS

I'M A MORE POSITIVE CONTRIBUTOR

The things I've learned on this program and have applied in my life have made me a better influence, better company and a stronger and more positive contributor to the world around me, and I owe it all to the dedicated volunteers of Criminon Florida. I've learned so many important things and I am eager to learn more! | **Matthew M.**

I AM MUCH HAPPIER TODAY

My life has completely and radically changed for the better since I did the Criminon program! I am so much happier today. My tablet is loaded with positive affirmations, and all this started with *The Way to Happiness* course. My relationship with my daughter and her Mom is very healthy for the first time in our lives. Thank you Criminon! | **Woodie T.**

IMPROVED INTERACTION WITH OTHERS

I am happy to share my success story about becoming a Stellar Student because I like to see other people studying these courses and changing their lives, as I have done. I started a new beginning when I did *The Way to Happiness* course. It helped me evaluate who I really was and where I was headed. It was a revelation that changed my life forever! The other courses improved my interaction with others, making me a responsible and productive member of society. Thank you Criminon Florida! | **Kidane M.**

BOOSTING MY ABILITIES

All of the material in the Criminon Life Improvement Courses is of great value. By applying what they present, a student can boost his ability to associate successfully with others within his environment and his community, and with the loved ones, friends, neighbors and associates he communicates with.

Successful Parenting Skills especially endowed me with skills to be a successful role model to children in my life and help them grow into honest, ethical self-thinkers. Job well done! | **Daniel E.**

HELPING MY REINTEGRATION

I finally reached my goal of becoming a Stellar Student! The courses have taught me a lot and applying them to my life has created a process of change in my thinking and behavior that I will not allow to stop. These courses will help my reintegration into society. Thanks to all the staff at Criminon, you guys are great! | **Joseph M.**

I RECOMMEND THIS PROGRAM

I am very glad that I chose to take this course of study. It has been very enlightening to me. The principles and the tools I've learned were very much needed and have helped me to change my life. It's also helped me work on obtaining my high school diploma. I would recommend this program to everyone! | **Billy B.**



TOP STELLAR PLAYERS

Well done to all this quarter's players. Keep up the great work of getting others to improve their lives by starting on The Way To Happiness Course. Special congratulations to the six highest scoring players!

Alan C. 205
Robert F. 185

Vasten B. 155
Nathaniel C. 155

Marcus S. 115
William S. 105



STELLAR STUDENTS

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Jason S.
Timothy DH.

Billy B.
Matthew T.

Michael A.



CAT'S CORNER

From *The Way to Happiness*, a virtue is a certain value man has revered (has deep respect or admiration for).

Forgiveness is one of those virtues – it is a process of letting go of anger, resentment and bitterness towards someone who has hurt you. It does not mean that you condone their behavior or that you forget what happened. It simply means that you choose to release the negative emotions that are holding you back.

Forgiveness is not for the other person; it is for you. Put yourself in the other person's shoes and try to understand why they did what they did. Holding on to anger and resentment can damage your physical and mental health. It can also prevent you from forming healthy relationships and moving on with your life.

It is important to also forgive yourself for any role you may have played in the situation. "Let it go", especially when you make mistakes.

Mr. Hubbard says, "*A fellow is a fool if he thinks that he can cause something without becoming one way or the other the effect of it.*" Negative feelings beget more negativity.

Stellar student Timothy D.H. says: "I have dealt with personal loss and discouragement which made me bitter, hateful, and resentful toward others. Criminon helped me muddle through these issues and ultimately taught me how to forgive and to become a better person."

Are you willing to forgive someone?

=^..^=

Cat

WORDS FROM THE WISE

The Criminon program has taught me tolerance and shown me ways to improve on the faults I saw in myself.

On *The Truth About Drugs* course I saw that drugs had caused me to be a manipulator to my family and friends, and this realization started a positive change within myself and the relationship with my family. *Successful Parenting Skills* helped me understand my daughter's feelings and values, and then use communication to improve our relationship.

To sum it up, the program has transformed me from being very introverted and self-centered in my thoughts and actions to a person who is sensitive to the needs and welfare of others and to their successes.

As Criminon Stellers, we desire to be better people and become positive sources of inspiration to those who have the same goals. I hope you all continue to dedicate time to your journey of self-betterment, and take the opportunity to help and inspire others along the way.

- Timothy D.H.



We want to hear from you!

Tell us about your wins and successes.

Write us at Criminon Florida:

PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS HOW TO PLAY

The name of the game is getting new students onto and using the precepts of *The Way to Happiness* distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you think are ready for a change. Tell them about how much your life has changed since you started on the Criminon program, and in particular your wins from *The Way to Happiness* Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start *The Way to Happiness* Course. You cannot fill out a card and request it for him or her. **Remember, only give out yellow cards to NEW students, NOT to those already on the program.**
- Follow up with this person to make sure they received *The Way to Happiness* book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.
- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Alison and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. **YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**

WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 524 Stellars in Florida and 87 of you in 14 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades CI.....	79	Jefferson CI.....	19	DeSotoAnnex, WC.....	13
Marion CI, WC.....	27	Madison CI, WC.....	18	RMCMMain, West Unit.....	13
Tomoka CI, WC.....	26	Wakulla CI, Annex, WC.....	16	Hamilton CI.....	11
Graceville CF.....	25	SouthBay CF.....	16	Santa Rosa CI, Annex.....	11
Sumter CI, Annex, WC.....	22	Hardee CI, WC.....	15	Blackwater River, CF.....	10
Union CI.....	21	AvonPark CI, WC.....	13	Columbia CI, Annex.....	10



STELLAR PLAYERS (JULY - SEPT 2023)

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Alan C*	30	175	0	205
Alexandria S	15	0	0	15
Antonio M	0	35	0	35
Billy A	0	35	0	35
Blaine E	0	35	0	35
Brian K	15	35	0	50
Bruce S	15	0	0	15
Carl C	0	35	0	35
Chad C	0	35	0	35
Charlene R	0	35	0	35
Charles C	15	0	0	15
Cleveland W	30	70	0	100
Clifton J	15	35	0	50
David E	15	0	0	15
David S	15	0	0	15
Demetrio G	15	35	0	50
Earl F	15	0	0	15
Edgar H	0	0	50	50
George B	0	35	0	35
Ivan T	0	35	0	35
James K	15	35	0	50
James S	15	0	0	15
James T	15	0	0	15
Jerry B	15	0	0	15
John C	0	35	0	35
John P	15	0	0	15
Jonathon A	15	0	0	15
Keith W	15	0	0	15
Kevin B	30	70	0	100
Kyle B	15	35	0	50
Lamont G	0	35	0	35
Lawrence L	15	0	0	15
Layla H	15	0	0	15
Lazaro A	15	0	0	15
Leaundrea P	15	35	0	50
Leigh F	0	35	0	35
Leslie H	0	0	50	50
Lorenzo J	15	0	0	15
Marcus S*	30	35	50	115
Mark B	15	0	0	15
Mark G	15	35	0	50

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Mark G	15	35	0	50
Mark N	0	35	0	35
Matthew O	15	0	0	15
Matthew S	30	0	0	30
Michael S	15	0	0	15
Nathan S	15	0	0	15
Nathaniel C*	0	105	50	155
Orenthal G	0	35	0	35
Paul T	0	35	50	85
Renard M	0	35	0	35
Ricardo E	15	0	0	15
Richard W	30	35	0	65
Ricky B	30	70	0	100
Robert F*	45	35	100	180
Robert G	30	0	0	30
Ronnie R	15	0	0	15
Scott M	15	35	0	50
Steve M	15	0	0	15
Steve T	15	35	0	50
Steven D	0	35	0	35
Terrence H	15	0	0	15
Thomas G	15	0	0	15
Thomas P	15	35	0	50
Vasten B*	0	105	50	155
William C	0	70	0	70
William M	15	0	0	15
William S	0	105	0	105
Willie M	0	35	0	35